





CELEBRATING

PROSPEX

25 YEARS







IMPACT REPORT 2025-2026

1ST JUNE 2025 TO 31ST MAY 2026

INTRODUCTION



"This year has been a particularly significant one for Prospex as we ***celebrate 25 years of supporting young people and communities in Islington****. What began with detached youth work on local streets has grown into an organisation providing a wide range of opportunities and support, but the principle at the heart of our work has never changed:* ***building trusted relationships with young people, listening to them and being there when they need us.***

This Impact Report gives a snapshot of what that commitment has meant in practice during 2025–26. Across our youth hubs, detached youth work, music studio, Girls Group, outdoor learning programme and therapeutic support, thousands of engagements have taken place. ***Our detached teams alone recorded more than 6,500 engagements, while our term-time youth club delivered almost 3,000 attendances and our studio welcomed nearly 1,200 attendances.***

However, numbers only tell part of the story. What matters most is what happens as a result of those interactions: ***a young person finding an adult they can trust, discovering a talent they did not know they had, receiving help at a difficult point in their life****,* ***developing the confidence to try something new, or beginning to see a different future for themselves.***

*I am i****ncredibly proud of the young people*** *whose experiences and achievements are reflected throughout this report. I am equally proud of our* ***staff, volunteers and trustees,*** *whose commitment makes this work possible, and I am grateful to the f****unders, partners, supporters, families and community organisations*** *who continue to stand alongside us.*

After 25 years, ***we know that effective youth work takes patience, consistency and trus****t. As we look to the future, our ambition is not to lose sight of those fundamentals, but to build on them, reaching more young people, responding to changing needs and ensuring* ***Prospex remains a place where young people feel listened to, supported and able to fulfil their potential."***

-RICHARD 'BEEF' FRANKLAND (CEO)
SEPTEMBER 2026

YEAR AT A GLANCE

2,991+
Youth Club Attendances (Term-Time)

6,503+
Detached Youth Work Engagements

109+
Young People on Residentials

15+
Psychotherapy Referrals

1,178+
Studio Attendances

72+
Girls Group Participants

IMPACT DASHBOARD

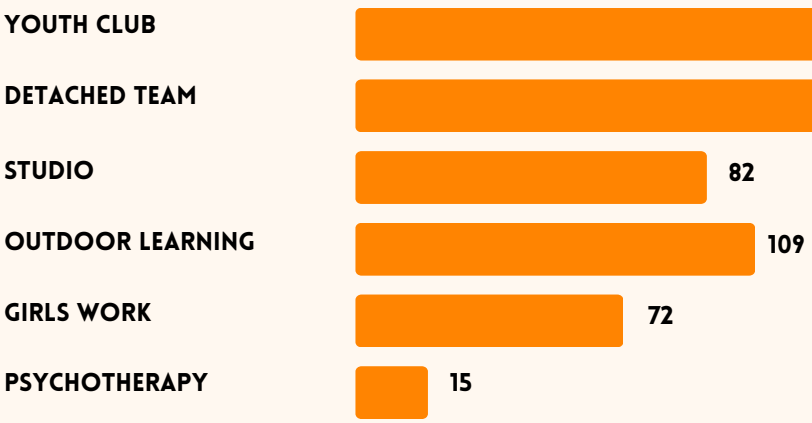
GENDER BREAKDOWN

52% MALE

48% FEMALE



PROGRAMME REACH (BY INDIVIDUAL YOUNG PERSON)



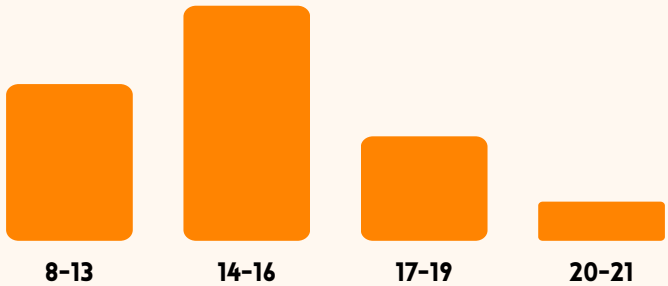
"It's a home away from home. I know, whatever mood I'm in, whatever has happened at school, that Prospex is a safe space for me to come in, meet with my friends, learn new skills, and be able to talk about what's going on with me."- Lyle, aged 17

MOST COMMON YP REFERRAL SOURCES

- FRIENDS & FAMILY
- SCHOOLS
- STREET TEAM
- EARLY HELP
- SELF-REFERRAL
- SOCIAL MEDIA



AGE BREAKDOWN



YOUTH HUBS

"The Hub is key to our youth work. ***We run six sessions a week*** *alongside a comprehensive* ***school holiday programme****, offering a welcoming space where young people can meet peers, build friendships, try new activities, cook, express themselves, and discuss the issues that matter to them, supported by* ***experienced professional youth workers****. Beyond our weekly sessions, young people can take part in t****rips, creative and sporting activities, outdoor adventures, residentials, and expeditions, helping them build confidence, independence, and gain new experiences.***

Guided by our Youth Ambassadors*, our approach is genuinely youth-led, giving young people a voice in shaping the programmes and activities they take part in*

Our ***Young Leaders take this a step further*** *by volunteering across ongoing projects, developing valuable life, social and employability skills while gaining practical experience, responsibility and confidence."*

-ALAN (SENIOR YOUTH WORKER)



PARTICIPATION & REACH

Overview of engagement across all Prospex Hub programmes

YOUTH CLUB (TERM TIME)

161 Individuals	**2,991** Attendances
715 Hours	**333** Sessions

SATURDAY SESSIONS

60 Individuals	**405** Attendances
228 Hours	**38** Sessions

RESIDENTIAL ACTIVITIES

55 Individuals	**268** Attendances
687 Hours	**11** Sessions



HUB HIGHLIGHTS

As well as our regular youth sessions, our hubs are home to special events and exciting special occassions. Over the last year, we've seen:

1. A **community event** for **International Women's Day** which saw dozens of adults and children come to the hub for an evening of workshops, activities and food. Partnership organisations such as the **Metropolitan Police, Church on the Corner and the Mildmay Community Centre** joined in the festivities with their own stalls.



2. Last December, we hosted our first annual **Prospex Film Festival**, where our young people screened six different films they had made over the course of the year. They ranged from sci-fi, horror to the downright surreal. We were even lucky enough to have **Dame Emma Thompson** record a video introduction.

3. In February 2026, rising music superstar **DJ AG** came down to the hub for a day of music madness, where our young people showed him tracks they had made. DJ AG posted about this event and the hub to his **1.9 million online followers!**



4. In June 2026, we hosted our **25 Years Pub Quiz fundraiser**, which saw ten teams go head to head in a ten-round quiz which raised **£2,000 for the hub**. We're pleased to say a team of our young people came a very close 2nd.

5. In August 2026, local Graffiti Artist **Wumzum** came down to teach our young people a course on graffiti art and bubble writing. With help from the council, they got to create their own signature style of artwork, which may be seen on a **local mural coming to Islington.**

I love Prospex because I get to try new things and meet new people. I've learned new games that I can play with my friends at school now.

-Indi, aged 8

ELTHORNE YOUTH HUB

54	413	325	79
Individuals	Attendances	Hours	Sessions

*"The Elthorne Youth Hub **continues to connect with young people across the north of the borough** through youth voice and wellbeing activities. Members have taken true ownership of the hub by **decorating the space, designing programmes, and painting a mural on the shutters alongside local artists**."*

-ALAN (SENIOR YOUTH WORKER)

HOLIDAY PROGRAMME



*"Our holiday programming continues to be one of the highlights of the year, providing a safe, welcoming, and exciting space for young people during **five of the six school holidays**. School breaks can be challenging for many families, with the cost of activities and childcare placing significant pressure on household budgets. By offering a free programme, including a **hot lunch every day**, we ensure that every young person has the opportunity to stay active, connected, and have fun in a safe environment.*

*Every holiday programme is carefully planned around the interests and needs of the young people, as well as the season and weather, ensuring that no two programmes are ever the same. From **creative activities and sports to exciting off-site adventures**, there is always something new to experience. Over the past year, young people have enjoyed unforgettable trips including **Bubble Planet, a scare maze evening for our older members, paddleboarding, mountain biking, Aqua Action inflatable water park**, and many more.*



*A standout moment in the last year was our annual Summer Camp, where **40 young people aged 8 to 19** came together for an unforgettable few days. It was inspiring to see older members encouraging and supporting those attending for the first time, remembering what it was like to be in their shoes. The friendships, kindness, and sense of belonging that developed throughout the camp reflected everything our youth hub strives to achieve.*

*One of the most memorable moments for me personally was seeing everyone together in the swimming pool. It perfectly captured the joy of being young, carefree, and part of a community where everyone feels welcomed and included. Providing a safe, engaging place for young people throughout the school holidays is about so much more than activities. It supports families during the most expensive times of the year, **reduces isolation, promotes positive wellbeing, and gives young people the opportunity to create memories that will stay with them for years to come**. Seeing their confidence grow, friendships flourish, and excitement for each day's adventures is what makes our holiday programme so special."*

-CAROLE (SENIOR YOUTH WORKER AND GIRLS AND WELLBEING LEAD)



HOLIDAY PROGRAMME (2025)

110 Individuals	**637** Attendances
208 Hours	**44** Sessions

"I really enjoyed kayaking for the first time. It was scary but amazing. I would have the confidence to do it again now because of what we learned."

-Hannah, aged 15

PROSPEX STUDIO



"The Prospex music studio is a creative space where young people can explore music, express themselves, and build confidence. Through DJing, production, and recording, they develop new skills while working in a safe and supportive environment. For many, the studio becomes a place of focus, collaboration, solace, and belonging. It is also where their ideas, stories, and creativity are given an outlet."

-DJ DYMOND, STUDIO MANAGER

GENDER BREAKDOWN

52% MALE

48% FEMALE

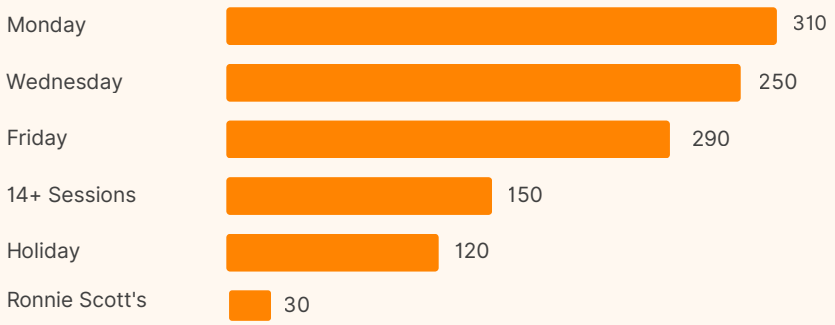
82
Young People Participated

1,178
Attendances

27%
of attendees identified as Neurodivergent

60%
Of attendees discovered the studio via friends' or family's recommendation

ATTENDANCE BY SESSION OVER TIME



PODCAST STATISTICS

675 **Total Plays**

Top Episodes:

- Girls Group Podcast
- Waffle Podcast
- PlayMade
- Ronnie Scott's Foundation

STUDIO OUTCOMES

- Increased Confidence
- Creativity and Expression
- Emotional regulation
- Technical skills



STUDIO SUCCESS STORY

Asif first came to Prospex at just nine years old. With a difficult home life and constant uncertainty, the centre quickly became more than an after-school space—it became his safe haven. Staff provided the stability and support he desperately needed, offering warmth and consistency during some of the hardest years of his childhood.

When things at home finally became too much, Asif was placed in long-term foster care. Even through this huge transition, he continued coming to Prospex. Drawn to computers and creativity, he gravitated toward the newly opened studio and soon became its most regular user. It wasn't long before his interest turned into a real talent for writing and producing his own music.

As Asif explains: **"Ever since I started using the studio, I am able to turn my thoughts into music. I am able to create an unlimited amount of songs ranging from various genres either sample-based or completely fresh while experimenting with sounds. It is a space I use to release my energy and talk about things as well. The studio at Prospex has been an important part of my life."**

OTHER YOUNG PEOPLE'S STUDIO HIGHLIGHTS

- In September 2025, after experiencing multiple traumatic events, Ellis used music production to process his emotions and release difficult feelings. **The studio gave him a safe, creative outlet during a challenging period.**
- In May 2026, Prateep brought two friends into the studio and led a collaborative session, creating an original track using Logic Pro, guitar, handpan and Alesis drums. The session showcased creativity, teamwork and peer-led learning. **This track formed the basis of their school talent show entry.**
- In July 2026, Shauna showcased her talent across bass guitar, piano and drums. The studio gave her a space to develop her skills, experiment with different instruments and share her creativity with others. **She now wants to select music as one of her GCSE's.**





GIRLS GROUP

*"What an incredible year it has been for our Girls' Group. This year also marks a special milestone as we c**elebrate 10 years of creating a safe, supportive space where girls and young women can grow in confidence, build leadership skills, and develop meaningful relationships**. Each year it is inspiring to see the girls flourish, and this year has been no exception.*



*One of the highlights of the year has been our partnership with **Brandon Centre, Mary's Youth Centre and Highbury Roundhouse through the She Is Supported (SIS) project**. Together, we have supported a significant number of girls and young women across our three home clubs, creating exciting new opportunities to learn, connect, and grow together across Islington.*



*A personal favourite for me was taking the Girls' Group away for a **Galentine's weekend over Valentine's Day**. It was a wonderful opportunity for the girls to feel valued, supported, and celebrated. The weekend marked a real turning point in the relationships within the group, helping to build trust, deepen friendships, and create an even stronger sense of belonging.*

*The SIS project has also enabled us to provide more one-to-one support for girls and young women experiencing challenges with their mental health. **This is an area of increasing need, particularly among young women, and being able to offer tailored support has been invaluable**.*

*Throughout the year, the girls have explored a wide range of important topics, including physical wellbeing, healthy and unhealthy relationships, personal growth, and mental health. **These conversations have empowered them with knowledge, confidence, and the skills to navigate the challenges they face.***



*I am incredibly proud of the Girls' Group we have today. **They embrace every opportunity with enthusiasm, courage, and curiosity, always willing to step outside their comfort zones and try something new.** Watching their confidence, resilience, and support for one another continue to grow has been one of the greatest rewards of the year, and I look forward to seeing what they achieve in the years ahead."*

-CAROLE (SENIOR YOUTH WORKER AND GIRLS AND WELLBEING LEAD)

THE SIS PROJECT IMPACT

Working in partnership with Mary's Youth Club, Highbury Roundhouse and Brandon Centre, Prospex delivered a comprehensive programme designed specifically for girls and young women across Islington. This initiative is called the S.I.S Project (She Is Supported). The statistics for this groundbreaking partnership is as follows;

400+
Girls and Young Women engaged in weekly sessions

60
Offered Psychotherapy Support

360
Able to access 1-2-1 Mentoring Sessions

72
Individuals engaging with Prospex Girls Group

KEY BENEFITS

- Providing Safe Spaces
- One-to-One Mentoring
- Mental Health Access
- Borough-Wide Connections
- Residential Experiences
- Leadership & Confidence



""It's a sisterhood of friends and a group I can go to every week to talk about my problems. We also get to do fun activities."

-Alys, aged 13

"There's not many places where it feels safe or private to talk about these things with other girls. The Prospex Girls Group has changed that"

-Mikala, aged 13

"I've met other girls from different clubs and we've been able to come together on residentials to share things in common and learn from each other."

-Sasha, aged 15

THIS SIS PROJECT HAS BEEN NOMINATED AT THE CHILDREN AND YOUNG PEOPLE NOW AWARDS 2026 AND AT THE LONDON YOUTH AWARDS 2026 FOR PROGRAMME OF THE YEAR

OUTDOOR LEARNING PROGRAMME

“Outdoor learning is important as it creates life-changing opportunities and teaches young people valuable life skills while also being shown to have ***positive effects towards mental and physical wellbeing.***



Some young people have never been allowed to explore the outdoors, either because of a lack of knowledge or confidence, and therefore never venture much beyond London's suburbs. ***At Prospex, we hope to change that,*** *by building young people’s skills, knowledge and desire to explore, starting from the basics of going on walks, camping trips, all the way to the extremes of week-long canoeing expeditions across Scotland.* ***All of this can lead to dramatic changes in confidence and can also lead to possible job opportunities in the outdoor sector.”***



-MAX (OUTDOOR LEARNING INTERN)

OUTDOOR LEARNING STATISTICS

109	268	29	687
Participants	Attendances	Nights	Hours

OUTCOMES REPORTED BY YOUNG PEOPLE



OUTDOOR LEARNING PROGRAMME 2026 HIGHLIGHTS



- White-Water Canoeing, Wales: A group of young people travelled to the Maes y Lade Centre in Wales for w**hite-water canoe training along the River Wye**, developing their paddling skills, confidence and ability to navigate moving water.

- Woodrow Joint Residential: We worked with **Mary's Youth Project on a joint residential at Woodrow**, helping recruit a diverse group of young people and encouraging greater participation in outdoor activities through the London Youth Project.

- Avon Tyrrell Outdoor Centre: Young people spent time at this **outdoor activity centre in the New Forest**, taking part in fire lighting, team-building challenges, archery and climbing, developing practical skills while building confidence and teamwork.



- River Wye Canoeing & Wild Camping: **Young people took part in a canoeing expedition along the River Wye, combining paddling with an overnight wild-camping experience**. They developed outdoor living skills and independence while preparing for the longer Scotland expedition later in the summer.

- 24-Hour Survival Weekend: **Young people took part in a 24-hour survival experience, learning essential bushcraft and survival skills.** They built their own shelters and slept in them overnight while learning the basics of living and staying safe outdoors.

- Arts Residential. Our young people stayed at Maes y Lade centre, visiting the Hay Literature and Arts Festival held annually in Hay-on-Wye, Powys.



"I've got to go on the ziplines, learn archery and canoe with my friends, all in the same week. These are memories I'll never forget and I feel much happier than I did when I arrived."

-Seb, aged 14

"I've had experiences that no one else my age has. Getting to try these things makes me feel more confident, like I can do anything I put my mind to."

-Kaley, aged 16

PROSPEX WON THE LONDON YOUTH AWARD FOR OUTDOOR ADVENTURE OF THE YEAR IN 2023 AND 2025. WE HAVE BEEN NOMINATED IN 2026 FOR THE 3RD TIME

PROSPEX ONE-TO-ONE

22
Young People In One-to-One Mentoring

15
Young People In Boxing and Mentoring Programme

10
Peer Mentors Trained

"I really like meeting my peer mentor, I can talk about anything, and they don't judge me and help me with ways to cope. It is easier than talking to an adult"
-Zach, aged 15

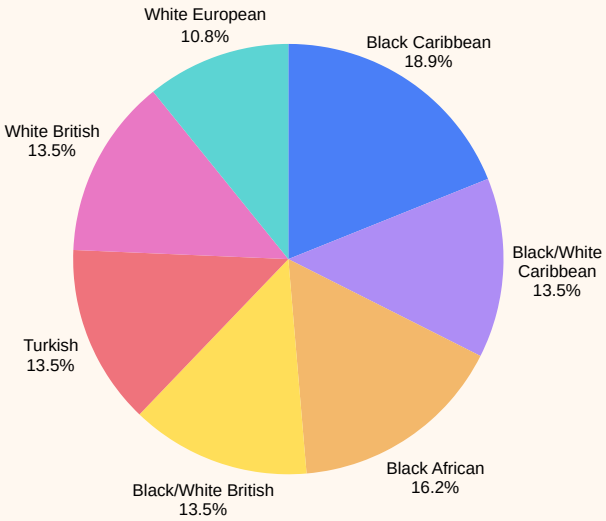
The **Prospex One-to-One Project** provides free, confidential one-to-one support for young people, especially those experiencing **poor mental health, anxiety, neurodiversity, isolation, and family or school-related challenges, while enabling early intervention and appropriate referral to specialist services where needed.** As well as this, the project is open to any young person **who wants a trusted adult in their life**. The project also develops peer mentoring skills so that young people can support others and help reduce mental health stigma, contributing to **reduced health inequalities for young people facing multiple disadvantages.**

A total of **22 young people** accessed structured one-to-one support with a qualified youth worker. They were identified through self-referrals, youth worker identification, and agency referrals. Sessions focused on **agreed-upon goals, coping strategies, emotional regulation, and confidence-building**. Support plans were reviewed regularly and adapted flexibly to individual need. An additional **15 young people took part in the Boxing/ Mentoring** programme where they were taught practices that put an emphasis on discipline, commitment and emotional regulation, as well as the additional benefits of physical health benefits.

Young people were also identified through the **relaunched Young Leaders Programme**, delivered as part of our young leaders residential at the start of the year. **Ten young people aged 15–19** took part, with peer mentoring built into the training. They were then matched with young people to mentor during the summer holiday programme. This programme was redesigned in response to feedback from young people last year. They wanted to participate but felt the time commitment was difficult to **manage alongside schoolwork, particularly exam revision**. The young leaders training is now built into our normal youth hub sessions, so it does not require additional time from the young people.



ETHNICITY BREAKDOWN



PROSPEX LISTENS AND CARES (PLC)

"Prospex Listens and Cares (PLC) provides accessible ***psychotherapy and counselling to support the emotional wellbeing of young people.*** *Prospex has offered online therapy for several years, and in June 2024 we expanded the service to include face-to-face sessions.*

The service is led by psychotherapists, Holly and me, with Holly delivering in-person sessions and incorporating creative arts into talking therapy where appropriate. ***Young people can be referred by Prospex youth workers, external support workers, or refer themselves****. Every referral begins with an initial online meeting, providing an opportunity to understand the young person's needs, discuss the available options and answer any questions. Young people are then matched with an appropriate therapist and work together to establish a regular session time. Since launching, the face-to-face service has steadily grown and has remained fully booked since January 2025.* ***Alongside delivering therapy, the team carefully manages endings and new referrals, ensuring that spaces are made available to young people on the waiting list as they arise.***

PLC also provides access to online therapy and, where a young person would benefit from additional support, can connect them with specialist services including CAMHS, adult mental health services and Prospex's in-house mentoring provision."

-DONNA (LEAD PSYCHOTHERAPIST)

227	170	57	5
Sessions Delivered	In Face-to-Face Therapy Sessions	Online Therapy Sessions	Long-Term Cases

Service Journey

Referral → Assessment → Therapy → Review → Outcomes

Key Strengths of PLC

- Mental health support for young people aged 11-21
- SEND and neurodiversity-informed practice
- Family support and crisis intervention
- Hybrid delivery (in-person and online)
- Accessible, youth-friendly therapeutic spaces
- Provides supervsion support for frontline youth workers



DETACHED YOUTH WORK

Detached youth work is at the heart of Prospex**. It is where our story began 25 years ago and remains the foundation from which everything else we do has grown. Our approach is simple: **go to where young people are, listen to them, build trusted relationships and respond to the needs they identify.

*Unlike centre-based provision, detached youth work takes place in the spaces young people choose to spend their time. Our youth workers go out onto estates, streets, parks and other public spaces, **meeting young people in their own communities and on their terms**. Through regular, consistent contact, they build trust, **often engaging young people who may not access other services or who are wary of engaging with professionals**. Today, Prospex has ten detached youth workers, working in pairs across Islington. Our teams are present during afternoons, particularly around the end of the school day, and evenings when young people are more likely to be spending time in public spaces. **Together, they deliver 96 hours of detached youth work each week across 12 of Islington's 17 wards.***

*Young people engage with our workers for many different reasons. **Some simply want a trusted adult to talk to about home, school, relationships or their future.** Others need advice about **education, training or employment**, help accessing services or encouragement to take part in positive activities. Our teams also support young people facing more serious challenges, including **exploitation, youth violence, unsafe relationships, substance misuse, school exclusion and involvement with the criminal justice system.***

*The strength of detached youth work is in relationships. **Repeated contact and informal conversations with trusted adults create opportunities to identify concerns early, provide guidance, challenge harmful choices and connect young people with further support when they are ready.** For those at risk of exploitation and youth violence, this consistent presence is particularly important. Our teams do not simply respond when something goes wrong. They are embedded in communities week after week, developing the trusted relationships and local knowledge that enable meaningful early intervention and preventative work.*

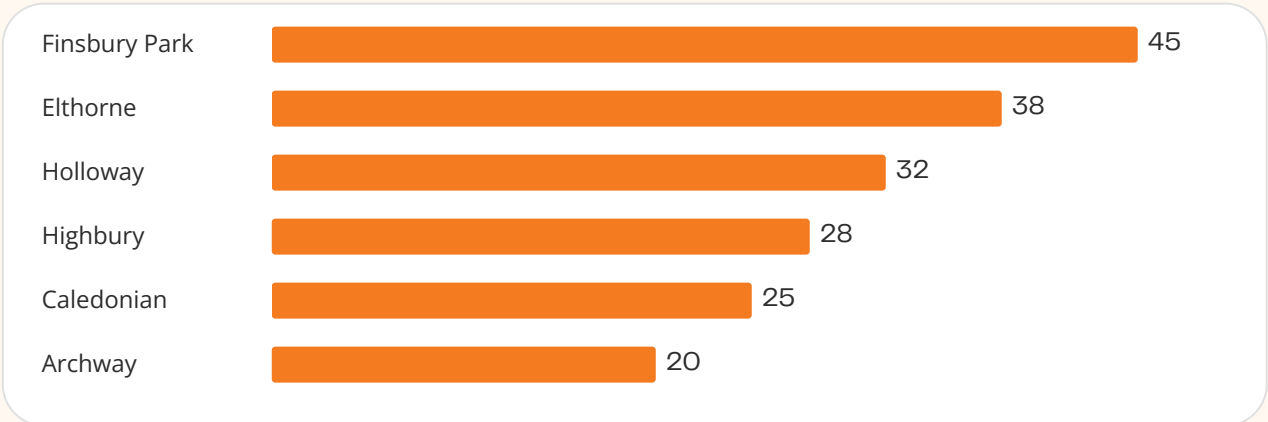
-BEEF (CEO)

ENHANCED DETACHED YOUTH WORK

Outreach across Islington 2025-2026

202	6,503	8	40+
Young People	Engagements	Delivery Areas	Activities

YOUNG PEOPLE ENGAGED BY WIDER PROSPEX SERVICES



Activities: Trips | Sports | Climbing | Boxing | Residentials | Community Events

DETACHED YOUTH WORK SUCCESS STORIES

ABBY:

Abby was initially engaged by our Detached Youth Work Team while spending time on the streets with her friendship group. Over time, staff noticed she had become quieter and learned that she was struggling with GCSE pressures, low mood and reduced confidence. Through 1:1 mentoring, Lynn supported Abby **to set small, achievable goals around her education, wellbeing and personal development.**

Abby was encouraged to take part in activities she enjoyed, including cooking and boxing. **She went on to cook meals for more than 25 young people at the local youth hub**, building her confidence and sense of achievement. Lynn also supported her through exam stress and anxiety around attending her school prom. With this consistent support, Abby was able to attend prom **feeling comfortable and proud**, while developing stronger coping skills, confidence and resilience.
The support has helped Abby build positive relationships, manage difficult emotions and **develop greater confidence in both herself and her future.**

BROGAN

We met Brogan through our detached youth work on Caledonian Road. He had been struggling with school, particularly with focus, behaviour and relationships with peers. Our Detached Team introduced him to Prospex's **local boxing programme**, where regular attendance gave him structure, routine and a positive outlet for his energy. **Over time, he developed greater self-control, confidence and resilience.**

Brogan also began attending the Underground Youth Centre and getting involved in activities such as the Prospex Podcast. Through these opportunities, he built positive relationships with staff and other young people and became a valued member of the Prospex community. His mum has since reported i**mprovements in his behaviour, focus and engagement with learning at school.**







THE KICKBACK PROJECT

Kickback is a local partnership in Finsbury Park and the wider Islington area, led by **Wipers Youth CIC with Coram Leap: Confronting Conflict, Jigsaw-GC and Prospex.** Together, the partners deliver locally rooted support to help young people feel safer, access opportunities and reduce violence. Through the Kickback partnership, Prospex's Detached Youth Work Team provides **consistent, trauma-informed support to young people in the places where they spend their time**.

Rather than waiting for young people to access a service, **youth workers are out in the community, building relationships, offering support and connecting young people with positive opportunities.** The team works closely with local police, community safety groups, youth services and other community organisations to provide a coordinated response when young people need support.

334
Detached youth work sessions delivered

180
Young people reached

16
Parents and carers reached

48%
of young people engaged went on to access positive activities as a result of their regular interactions with the detached team

63%
engaged with the detached team weekly over the previous six months

Prospex is present in the community f**ive afternoons a week and two to three evenings a week**, creating a consistent and familiar presence for young people and residents. By meeting young people where they are, youth workers **establish relationships over time and become trusted adults** who can respond when a young person needs support. The approach has also helped increase referrals and engagement with local Kickback partners, community organisations and those in educational settings. This approach has seen many success stories, including;

- Two young people, who had been involved with the Criminal Justice System, were supported towards **paid work experience, mentoring and progression towards long-term employment.**
- A young person secured a work experience placement with a local motorbike mechanics business, which led to **an invitation for further training.**
- Young people were supported into local education and vocational opportunities, **including access to Islington Arts and Media School.**



"I didn't trust anyone. Now I come every week."
— Young person engaged through detached youth work.

THE KICKBACK PROJECT

Prospex's work through Kickback demonstrates the impact that consistent, relationship-based youth work can have in communities where young people may be disconnected from services. The Detached Youth Work Team has built relationships by being **visible, approachable and consistent, supporting young people not only during moments of crisis but throughout their wider journeys**. These relationships have helped schools and other partners proactively connect young people with targeted support.

Detached youth workers have supported young people through challenging situations, including involvement with the Criminal Justice System. In one example, the **team intervened to de-escalate a situation and prevent a potential assault. In other cases, workers supported young people at court and at a police station.** Two young people subsequently received support towards paid work experience, mentoring and longer-term employment, helping them move towards **positive alternatives and reduce the likelihood of offending.**

> ***"They sat with me in court. They didn't have to, but they did. That changed everything."***
>
> **— Young person supported by a Prospex detached youth worker.**

Prospex works alongside partners, as well as local schools, police, community safety groups, youth services and other community organisations. **The wider Kickback partnership has strengthened information sharing, referral pathways and coordinated responses to local issues.** As a collective, they participate in the **London Violence Reduction Unit's MyEnds programme, delivering a wider support structure and extended reach.**



14/14 Wider system partners rated Kickback somewhat or very effective

70%
said MyEnds was doing a good job of working with them and their community to reduce violence

81%
had seen MyEnds involve some or a lot of people in its work

80%
said Kickback asked for their feedback sometimes or often



300+
Residents attended the 2025 Family Fun Day

54%
of participants reported increased confidence and self-belief

54%
reported young people having trusted adults who support and guide them

EMPLOYMENT AND PROGRESSION

A key outcome of Prospex's work is supporting young people to progress into education, employment and leadership opportunities. Through long-term relationship building and youth leadership pathways, **young people gain the confidence, skills and experience needed to take their next steps.**



One success story this year saw Rashaun, a regular participant in our senior group, securing employment with the sports organisation Playmade, via an introduction through Carole, one of our senior Youth Workers. Reflecting on this journey, Rashaun said;

"***One thing that I've learned during my time working with Playmade is that confidence is a very big thing. As a young person, it's very easy to allow yourself to fall into the background. But if you can put your foot down, take accountability for what you're doing and approach every situation positively, people notice that. Just go for it. Opportunities are not always on the table. If something comes your way and you can see yourself aligning with it, and you're in a position to take on that responsibility, then I don't think there's any reason not to. You're only going to benefit from it. There's so much you can learn about yourself."***

An employer working with Playmade reflected on the value of the partnership with Prospex:
"***After getting a list of names from Carole, it was such a bullseye with Rashaun. The synergy is amazing because we're getting young people who have, over the years, earned trust and shown themselves to be reliable youth leaders. We get direct access to these young people to employ them, and the benefit for Prospex is that you can offer them genuine opportunities.***"

YOUNG AMBASSADORS

This year, we introduced our very first Prospex Young Ambassadors Scheme. Designed to ensure a link between our young people and the trustees, **12 individuals were selected,** aged between 8 and 15, to help build out our holiday programmes, participate in fundraising and outreach and chair regular meetings to communicate directly with the Prospex staff. We are thrilled with the success of this scheme, and by the **commitment and conduct shown by our first cohort of Ambassadors.**

Amongst many achievements, the highlight of the first year's scheme has been their summer fundraiser. Chosen and planned by the young ambassadors, Prospex led the 8-13s group on a **Piccadilly Line Marathon, where photos had to be taken at each stop from South Kensington to Arsenal Stadium**. Every young person who took part took home sponsorship forms made and brought in donations to support them on this undertaking. **By the end of the fundraiser, they raised a whopping £3,885.57.** We are incredibly proud of the Ambassadors and can't wait to see what they do next.



PARTNERSHIPS

Prospex is proud to work alongside many brilliant schemes, organisations and companies who support us on our mission. Here's a glimpse at where our partnerships have led us this year;

9
Jack Petchey Achievement Awards given out.

6
Essex Boys & Girls Clubs residential experiences

3
Additional residentials funded through UK Youth

4
Young people engaged through Diversity in the Outdoors

18
CLIMB Project participants

2
Prospex youth centres receiving new table tennis tables

OUTDOOR ADVENTURE

- **Leaside Trust**
  Delivered paddleboarding projects and paddlesports activity days, building confidence, skills and qualifications.

- **Diversity in the Outdoors**
  Four Prospex young people joined the year-long programme, developing outdoor leadership skills alongside other London youth organisations.

- **YES Outdoors**
  Delivered a 10-week climbing programme developing resilience, confidence and physical skills.

- **Essex Boys & Girls Clubs and UK Youth**
  Six Essex residential experiences, plus three funded through UK Youth's Adventures Away From Home Fund, widening access to outdoor education and adventure.

COMMUNITY & PROGRESSION

- **Jack Petchey Foundation**
  Supported internships, achievement awards, staff development and new table tennis tables for The Underground Youth Centre and Elthorne Hub.

- **Mary's Youth Club and Mildmay Centre**
  Joint residential programmes and collaborative girls' residentials through the SIS Project and other avenues.

- **PlayMade**
  Built employment opportunities and created branded Prospex pods for the area. Collaborated on the Prospex Podcast.

- **Ronnie Scott's Foundation**
  Professional musicians delivered Youth Hub workshops, introducing new instruments and building confidence with music.





YOUNG PEOPLE'S VOICES

"Prospex is somewhere I can be myself, try new things and have people who listen to me."

Ari aged 8



"Prospex has helped me believe in myself more and realise that I can do things I didn't think I could."

Shrooq, aged 13



"The staff at Prospex don't just tell you what to do. They actually listen to what you want and help you make it happen."

D'jed, aged 17



"Prospex has given me opportunities I wouldn't have had anywhere else, and I've met people who have helped me grow." **Charli, aged 11**

GOVERNANCE STATEMENT

Strong governance is essential to ensuring Prospex delivers safe, effective, and accountable support to young people, and families across our communities. Our Board of Trustees plays a vital role in guiding the charity's strategic direction, upholding its values and ensuring that all resources are used responsibly and effectively.

The Board consists of independent Trustees with diverse skills, assisted by an independent Accountant as Treasurer, who all voluntarily bring their time, experience, and professional expertise to support the organisation. Together, the Board provides oversight and governance in five key areas.

(**1) Setting strategic direction:**
The Board of Trustees establishes effective strategies, organisational structures and processes while upholding the ethos, values and ethics of the Charity to deliver the organisation's aims and objectives, and support how they will be delivered.
(2) Ensuring financial sustainability:
The Board monitors and reviews the appropriate and effective use of resources, guiding the application of the Charity's incoming funds, outgoing expenditures, as well as staff, volunteers and community partners to achieve the organisation's desired outcomes.
(3) Maintaining compliance:
Trustees provide thorough supervision, making sure the Charity follows the law, as well as its own governing documents and policies, ensuring that when administrative or operational issues arise, they are dealt with quickly and correctly. They consider potential risks and track progress, learning from mistakes, challenges, or difficulties to make adjustments where needed.
(4) Providing transparency and accountability:
The Board reports to those who are interested in what the organisation is doing, including regulators, funders, community stakeholders, and partners.
(5) Ensuring duty of care for all involved in Prospex:
Recognising our legal and ethical responsibility, we are committed to creating a culture to ensure the safety, wellbeing, and development of all individuals connected to our charity, including staff, youth workers, and young people.

Prospex' Trustees, as well as being individually and jointly accountable for the Charity, each take specific responsibility for an area of focus. Each Trustee is appointed to bring their specific insights, expertise, best practices, and sponsorship in at least one area of focus, and is responsible to the Chair of Trustees for the connection and coordination of the Trustee Board with the Operational Team in relation to their focus area.

The areas of focus are:
Youth Work
Child Protection and Safeguarding
Family, Psychological Health and Well Being
People & Culture
Diversity, Equity and Inclusion
Community Outreach
Business Development and Funding
Legal and Finance
Marketing, Communications and Public Relations
Leadership, Chairing and Management of the Board of Trustees



The Board meets every two months in person to review the Charity's strategy, finance, performance and operational priorities. The Board also completes and presents a full annual report of its activities, examined independently and lodged with the Charities Commission.

The CEO reports directly to the Chair of Trustees, providing clear accountability and a strong link between governance and operational leadership.

LOOKING AHEAD



As we look to the future, our ambition is simple: to be there for more young people, in more places, at the moments when they need us most.

The challenges facing young people continue to evolve. Poverty, inequality, pressures at school and at home, concerns around safety, and uncertainty about the future can all have a profound impact on their lives. ***Yet every day at Prospex, we also see something far more powerful: the talent, resilience, creativity and potential of young people when they are given the right opportunities and have trusted adults who believe in them.***



Our focus in the years ahead is to build on what works. ***We want to strengthen our youth hubs, extend the reach of our detached youth work, create more opportunities for learning, employment and personal development, and ensure that young people have safe spaces where they can belong, grow and thrive****. We also want young people themselves to remain at the heart of that journey. Their voices, experiences and aspirations will continue to shape our services and influence how we respond to the changing needs of the communities we serve.*

None of this can be achieved alone*. Our impact is made possible by the dedication of our staff and volunteers and by the schools, community organisations, funders, businesses and individuals who choose to stand alongside young people.* ***As demand for our support grows, those partnerships will become more important than ever.***



We believe every young person deserves the opportunity to imagine a positive future and, more importantly, to have the support and opportunities they need to make that future possible.

The next chapter for Prospex is one of ***ambition, collaboration and hope****. Together, we can reach further, create more opportunities and make a lasting difference in the lives of young people in Islington.*

Will you be part of this journey with us?

-RICHARD 'BEEF' FRANKLAND (CEO)
SEPTEMBER 2026

SUPPORT US

We're always looking for new supporters, whether that's as a corporate donor, a monthly giver or new patrons. Funding our work is more vital than ever and we're only just getting started. If you'd like to find out more on how to get involved, please email richard@prospex.org.uk or scan the QR code to donate to our Local Giving Page.

FIND US ON SOCIAL MEDIA

Want to know more about our work? Find us across all social media via @prospexcharity or at www.prospex.org.uk to see what we get up to. Full sign-up for young people can also be found there.

DISCLAIMER

All names of young people throughout this report have been changed to protect privacy and safety. All information presented is correct as of September 2026.
If you have any questions, please contact info@prospex.org.uk or rhys@prospex.org.uk.